

INTRODUCTION
A FEW SMALL GREEN APPLES

The Rev. Cn. Lawrence Larson

The inspiration for the meditations on the Fruits of the Spirit comes from two sources. The first was from the Letter of St. Paul to the Galatians, Chapter 5 Verse 22: "But the fruit of the spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control..."

The second source, and the one from which the title of the meditations derives, is from a book by Evelyn Underhill entitled, "The Fruits of the Spirit"; from page 5: "So the reality, the living quality of our prayer, our communion with God, can best be tested by the gradual growth in us of these fruits of Divine Love..." "They are real fruits and therefore they grow by their inherent vitality, at their own pace, hardly observed till they are ripe... Perhaps you think you have only produced a few small green apples. Wait patiently till the sunshine of God brings them to maturity."

